

CareerEQ Career Intelligence© Program

A self and career evaluation tool

For all of us, our career provides us a dynamic framework in which we can develop ourselves, our competence and our life. Sometimes the career choices we have made do not support the development of our true potential. The CareerEQ Career Intelligence© program offers a structured process that enables people to evaluate their career and life goals and to synthesise insights into a way forward that will create the change they want and deserve. Reflecting in this way rewards individuals with valuable insights and strategies that can make a huge difference to their work and career. It helps them to respond to the learning challenges and transitions they may be experiencing and is critical for good career decision-making.

CareerEQ Career Intelligence© workbooks are designed to help identify an ideal career pathway, the next working role or to create a development plan. People can use this process to support their career decision-making for whatever career situation they find themselves in. PART ONE offers a self and career evaluation process and PART TWO helps to synthesise these results into Action plans.

Working with a CareerEQ consultant, the process helps to structure thinking, enabling insights and conclusions to be drawn out and to be worked with. The workbooks become valuable resources to keep and refer to.

Evaluate: PART ONE of the program includes a number of inventories and self-assessments that evaluate motivations, strengths, interests and aspirations and how these can be expressed at work. The process encourages people to connect with what matters most to them so they are encouraged to do each exercise consciously and honestly. This is important work. It can help to envision an achievable future.

Synthesise: The exercises in PART ONE, once completed, provide rich information to synthesise into a way forward that will work for anyone, any work situation and career pathway. Results are transferred as themes emerge. The insights gained may will confirm and strengthen what people may have lost touch with along their career journey and the development they need to be all they can be.

Take Action: Insights and evaluation results are used to create into Action plans and to set some career and personal goals, and objectives for development. This helps people to be clearer and more confident about taking steps toward making change or a successful transition into a new work role – a more satisfying career – a more meaningful life!